

# Food Effects

Food	Effect	Notes
<b>Tinned Tuna</b>	Press <b>E</b> on the Tinned Tuna entity (or use it from inventory) to restore <b>10 HP</b> , capped at your maximum health.	Can also be sold to the market NPC for money instead of consuming it. Stackable (up to 10 per inventory slot).

---

Revision #1

Created 2026-05-11 14:44:41 UTC by Slayer

Updated 2026-05-11 14:44:41 UTC by Slayer